# **Assisted Living Facility Type II - Resident Assessment**

Resident Name:	ent Name: Date of Birth:		Birth:
Date of Admission:			
	Medication	Assessment:	
Medication Name:	Dosage:	Route:	Frequency by time
			<del>-</del>
Level of Medication Ass	istance Needed:	<u> </u>	
own room. Locked  Self-Direct Medica color or shape; and	container may be neation Administration: I question differences	eded for safety.	keep under own control in ize medications offered by f medications.
	i: nder to take ing container		
Remit	nd resident/responsib d Person Administer	: Medication prepared	ription needs to be refilled.  I by licensed practitioner or
Significant (Total) health care profess	Assist: Facility staff ional according to Se	rvice Plan.	s as delegated by a licensed
Comment:			
Known Medication Allergie	es:		
Person who will provide m			
Address:		Telephone:	

## **Physical Assessment**

/ital signs: Temperature: Review of Systems: (Refer		Weight:_
ntegumentary:		
despiratory:		
Cardiovascular:		
Gastrointestinal :		
Genitourinary:		
/lusculoskeletal:		
leurological:		
indocrine:		

### ASSESSMENT GUIDELINES

<u>Integumentary System</u> - assessment will include skin color, skin temperature, skin integrity, turgor and condition of mucous membranes.

Normal findings: skin color good/within norm; skin warm/dry/intact; no skin problems; mucous membranes moist/pink.

<u>Respiratory System</u> - assessment will include quality/characteristics of respiration; lung/breath sounds; cough/sputum; color of nail beds/mucous membranes.

Normal findings: respirations quiet/easy/regular; RR 10-20/minute at rest; breath sounds vesicular through both lung fields; bronchial over major airways with no adventitious sounds; no cough; sputum clear; nail beds and mucous membranes pink; no other respiratory problems.

<u>Cardiovascular System</u> - assessment will include peripheral pulses/apical pulse; chest pain; edema; calf tenderness; cardiac rhythm/sound.

Normal findings: peripheral pulses palpable, resent and strong; regular apical pulse; no chest pain; neck vein flat/no distention; no edema; no calf tenderness; S1 and S2 audible and regular; no other cardiac problems.

<u>Gastrointestinal System</u> - assessment will include appearance/palpation of abdomen; bowel sounds; bowel pattern/stools; appetite; diet tolerance; fluid intake; weight; nausea and vomiting.

Normal findings: abdomen soft; bowel sounds present and active; no pain on palpation; fair to good appetite; tolerates diet without nausea and vomiting; adequate fluid intake; no weight loss or gain; normal bowel movement, pattern and consistency.

<u>Genitourinary System</u> - assessment will include voiding pattern; urine characteristics; bladder distention; prostate problems; menstrual pattern; breast mass/pain.

Normal findings: able to empty bladder without difficulty or pain; bladder not distended; urine clear/yellow to abler; no prostate problem; no menstrual problems; no breast mass or pain.

<u>Musculoskeletal System</u> - assessment will include joint swelling, tenderness, ROM limitations, muscle strength and condition of surrounding tissue.

Normal findings: absence of joint swelling and tenderness, normal ROM on all joints; no muscle weakness; no ADL problems; no activity or functional limitations; no evidence of inflammation, nodules, ulcerations or rashes.

<u>Neurological System</u> - assessment will include orientation, pupils, movement/gait, sensation, quality of speech/swallowing and memory, sleep pattern, seizures, vision, hearing.

Normal findings: alert and oriented to person, place, and time; PERL; active ROM of all extremities with symmetry of strength; no paresthesia; no seizures; verbalization clear and understandable, memory intact; normal gait; normal swallowing/gag reflex; regular sleep pattern; no visual or hearing impairment.

<u>Endocrine System</u> - assessment will include presence of diabetes, thyroid problems and other endocrine dysfunctions.

Normal findings: Absence of thyroid or endocrine problems or dysfunctions; no diabetes.

<u>Pain Assessment</u> - will include presence of pain; the resident's description, location, duration, intensity, radiation, precipitating factors and alleviating factors.

Normal findings: Document if medication relieves pain.

Activities of Daily Living Assessment
Assessment of the resident's ability or present condition in the following:
1. Memory: (Narrative)

	king daily decisions: *Semi-Independent/Limited Assist:	Significant (Total) Assist:
•	nicate effectively with others (Narrative) *Semi-Independent/Limited Assist:	Significant (Total) Assist:
a. Personal	ning and Ability to perform Activities of Da Grooming and Dressing *Semi-Independent/Limited Assist:	,
	ene/Denture Care *Semi-Independent/Limited Assist:	Significant (Total) Assist:
c. Dressing Independent: *Describe:	*Semi-Independent/Limited Assist:	Significant (Total) Assist:
d. Toileting, Independent: *Describe:	Toilet Hygiene *Semi-Independent/Limited Assist:	Significant (Total) Assist:
e. Bathing: Independent: *Describe:	*Semi-Independent/Limited Assist:	Significant (Total) Assist:

f. Eating at mealtime Independent: *Semi-Independent/Limited Assist: Significant (Total) Assist: *Describe:
g. Ambulation or Mobility Independent: *Semi-Independent/Limited Assist: Significant (Total) Assist: *Describe:
5. Continence Continent of Bowel & Bladder: Continent of Bowel only: Continent of Bladder only: Independent: *Semi-Independent/Limited Assist: Significant (Total) Assist: *Describe:
6. Mood and behavior patterns (Narrative)
7. Weight loss Ideal Body Weight: Present Weight:
8. Medication use and ability to self-medicate Self-administer: Semi-Independent/Limited Assist: Family/Designated Person Administer: Significant (Total) Assist/Facility Staff Administer: *Describe:
9. Special treatments and procedures: (Narrative)
10. Disease diagnosis with relationship to current ADL status, Behavior status, Medical Treatments or Risk of death: (Narrative)
11. Assistive devices and assistance needed to promote independence e.g., crutches, braces, walkers, wheelchairs, canes, etc.: (Narrative)

12. Prosthetics devices used and assistance needed e.g., glasses, dentures, hearing aids (Narrative)
13. Assess <b>Dietary Needs</b> e.g., food allergies, preferences, and dislikes:
14. Specific assistance needs, include frequency and times. Housekeeping:
Maintain independence and sense of self-direction:
Ambulation:
Transferring:
Communication:
Managing personal resources:
Scheduling appointments:

### **Activity and Leisure Needs Assessment**

Residents will be encouraged to maintain and develop their fullest potential for independent living through participation in activity and recreational programs.

Current interests:

Past interests:	
Resident needs:	
Notes/Comments: Assess needed physician and or other appointments (labora person responsible to schedule and transport.	atory work, therapy, etc.) and the
Name:	_ Phone:
Address:	
Assess outside health care providers e.g., independent health agency. Identify service(s) and provider(s) with nam	
Name:	Phone:
Address:	
Identify:	
Physician:	Phone:
Address:	
Dentist:	
Address:	

Name:	Phone:
Address:	
Name:	Phone:
Address:	
Name:	Phone:
Address:	

Notes:

Family Contact Person(s)

**Assisted Living Facilities, Type II,** are intended to enable persons experiencing functional impairment to receive 24-hour personal care and health-related services in a place of residence with sufficient structure to meet their care needs in a safe manner.

Assisted Living Facilities, Type II, provide care in a home-like setting that provides an array of coordinated supportive personal and health care services available 24 hours per day to residents who need any of these services as required by Utah Department of Health rule.

Residents must be capable of achieving mobility sufficient to exit the facility or to a zone of safety with the limited assistance of one person.

Assisted Living Facilities, Type II may accept or retain residents who require significant (total) assistance from staff or others in three (3) or more ADL's, provided the staffing level and coordinated supportive health and social services meet the needs of the resident. Residents may receive regular or intermittent health care services from a licensed health care professional.

Assisted Living Facilities, Type II may not accept or retain Dependent residents i.e., a resident who requires inpatient hospital or 24-hour continual nursing care that will last longer than 15 calendar days after the day on which the nursing care begins; or who is unable to evacuate from the facility without the physical assistance of two persons.

Residents who manifest behavior that is assaultive, threatening or dangerous to themselves or others; that is sexually or socially inappropriate; who have Tuberculosis or other chronic communicable disease that is unable to be treated in the facility or on an outpatient basis; who require inpatient care in a hospital or long-term nursing care; or who require significant assistance during night sleeping hours are not eligible for admission.

An Assisted Living Type II facility initial assessment must be completed by a physician, advanced practice registered nurse, physician assistant, or a registered nurse prior to admission.

To the best of my knowledge this resident meets the admission criteria for an Assisted Living Type II facility.

Signature:	Title:	Date:
-		
Printed Name:		